

Friday March 19, 2021**Session 1 15-18 Distance****Warmup 3:30 – 4:25 Meet Start time 4:30**

Warmup 1 – 3:30-3:55

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

PHX 36

Warmup 2 – 4:00-4:25

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

ESC 22

GYT 4

GYT 2 RAYS 3

CONY 4

Session 1A 13-14 Distance**Warmup 5:40 – 6:35 Meet Start time 6:40**

Warmup 1 – 5:40-6:05

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

ESC 14

CONY 6

GYT 2

Warmup 2 – 6:10-6:35

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

PHX 17

RAYS 6

Saturday March 20, 2021**Session 2 9&10 Boys and 11&12 Girls****Warmup 7:30-8:20 Meet Start time 8:25**

Warmup 1 – 7:30-7:55

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

RAYS 23

GYT 12

CONY 5

Warmup 2 – 7:55-8:20

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

PHX 16

LRW 5

ESC 5

Session 3 15-18 Boys**Warmup 11:00-11:55 Meet Start time 12:00**

Warmup 1 – 11:00-11:25

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

PHX 21

RAYS 4

GYT 2

Warmup 2 – 11:30-11:55

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

LRW 2

ESC 27

Senior Ceremony 2:00 - 2:30**Session 4 15-18 Girls****Warmup 2:45-3:40 Meet Start time 3:45**

Warmup 1 – 2:45-3:10

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

ESC - 26

GYT 4

CONY 6

Warmup 2 – 3:15-3:40

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
-------	--------	--------	--------	--------	--------	--------	--------

PHX - 25

RAYS 14

Sunday March 21, 2021**Session 5 8&Under Girls and Boys and 9&10 Girls****Warmup 7:30-8:15 Meet Start time 8:20**

Warmup 1 – 7:30-7:50

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ESC 19					RAYS 14		

Warmup 2 – 7:55-8:15

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PHX 10			GYT 5	CONY 4	LRW4	OPEN	

Session 6 11&12 and 13&14 Boys**Warmup 10:15-11:10 Meet Start time 11:15**

Warmup 1 – 10:15-10:40

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ESC 28							LRW 3

Warmup 2 – 10:45-11:10

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
GYT 4	PHX 13			RAYS 14			

Session 7 13&14 Girls**Warmup 1:30-2:55 Meet Start time 2:30**

Warmup 1 – 1:30-1:55

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CONY 7 LRW 1		ESC 16				GYT 6	

Warmup 2 – 2:00-2:25

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PHX 26						RAYS 9	