

2019 NHSA Championships - Warm-up Assignments

Friday Evening:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	4:30-4:50	CONY	CONY	PWSC	PRDE STRM	GYT	GYT	CTS LRW	UVAC	UVAC	UVAC	UVAC	balcony
	4:50-5:10	PHX	PHX	PHX	PHX	PHX	PHX	PHX	PHX	PHX	RAYS	RAYS	
	5:10-5:30	ESC	ESC	ESC	ESC	ESC	ESC	ESC	ESC	ESC	ESC	GST	

Saturday Morning:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	8:30-8:50	CONY	CONY	CRVS	PRDE	PRDE	PWSC	RAYS	RAYS	RAYS	UVAC	UVAC	balcony
	8:50-9:10	GYT	GYT	GYT	GYT	PHX	PHX	PHX	PHX	PHX	PHX	BLUE GST	
	9:10-9:30	STRM	STRM	LRW	ESC	ESC	ESC	ESC	ESC	ESC	ESC	CTS	

Saturday Afternoon:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	1:30-1:50	CONY	CONY LRW	BLUE CTS	CRVS GYT	GYT	GST	PRDE	UVAC	UVAC	UVAC	UVAC	balcony
	1:50-2:10	STRM	STRM	STRM	ESC	ESC	ESC	ESC	ESC	ESC	ESC	ESC	
	2:10-2:30	PWSC	RAYS	RAYS	RAYS	PHX	PHX	PHX	PHX	PHX	PHX	PHX	

Sunday Morning:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
	8:00-8:20	CONY	CONY	CRVS	STRM	STRM	PWSC	PWSC	UVAC	UVAC	UVAC	UVAC	balcony
	8:20-8:40	GST	GYT	GYT	GYT	PHX	PHX	PHX	PHX	PHX	PHX	PHX	
	8:40-9:00	BLUE	BLUE	CTS LRW	ESC	ESC	ESC	PRDE	PRDE	RAYS	RAYS	RAYS	

Sunday Bonus:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
	12:15-12:45	CONY	ESC GST	PHX	PHX	PHX	STRM	UVAC	UVAC	UVAC	UVAC	UVAC	balcony

Sunday Afternoon:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	1:50-2:10	LRW	PWSC	RAYS	RAYS	RAYS	RAYS	RAYS	RAYS	UVAC	UVAC	UVAC	balcony
	2:10-2:30	BLUE	CTS GST	CRVS	CRVS	PHX	PHX	PHX	PHX	STRM	STRM	STRM	
	2:30-2:50	CONY	ESC	ESC	ESC	ESC	ESC	GYT	GYT	GYT	GYT	PRDE	