# 2018 NHSA Championships
# Warm-up Assignments
# Saturday, March 24
# Sessions 1&2

**Lanes 11 & 1 (the two lanes closest to the windows) will be available for warm-up/warm-down during each session**

**Saturday Morning: Session 1**

| | | Lane 11 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **windows** | 8:00-8:20 | CRVS | CRVS | GST | STRM | STRM | STRM | STRM | STRM | UVAC | UVAC | UVAC | **balcony** |
| | 8:20-8:40 | PWSC/CTS | RAYS | RAYS | RAYS | RAYS | LRW | MST | MST | PHX | PHX | PRIDE | |
| | 8:40-9:00 | BLUE | BLUE | CONY | CONY | CONY | ESC | ESC | ESC | ESC | ESC | ESC | |

**Saturday Afternoon: Session 2**

| | | Lane 11 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **windows** | 1:00-1:20 | RAYS | RAYS | RAYS | RAYS | STRM | STRM | STRM | STRM | UVAC | UVAC | UVAC | **balcony** |
| | 1:20-1:40 | GST | LRW | MST | PHX | PHX | PHX | PHX | PRIDE | PRIDE | PWSC | PWSC | |
| | 1:40-2:00 | BLU | CONY | CONY | CRVS | CTS | ESC | ESC | ESC | ESC | ESC | ESC | |