

# 2017 NHSA Championships

## Warm-up Assignments

**Lanes 11 & 1 (the two lanes closest to the windows) will be available for warm-up/warm-down during each session**

### Friday Evening:

	Lane 11	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	4:30-4:50	GST	PHX	PHX	PHX	PHX	PHX	UVAC	UVAC	UVAC	UVAC	UVAC	balcony
	4:50-5:10	FINS/RAYS	CONY/PWSC	CRV/LRW	PRIDE	PRIDE	EST	EST	EST	MST	MST	MST	
	5:10-5:30	OPEN	SBGC/STRM	ESC	ESC	ESC	ESC	ESC	ESC	ESC	ESC	ESC	

### Saturday Morning:

	Lane 11	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	8:30-8:50	PHX	PHX	PRIDE	PRIDE	PRIDE	STRM	STRM	STRM	UVAC	UVAC	UVAC	balcony
	8:50-9:10	CTS	RAYS	RAYS	FINS	FINS	MST	MST	EST	EST	EST	EST	
	9:10-9:30	LRW	SBGC	PWSC	CONY	CRVS	GST	ESC	ESC	ESC	ESC	ESC	

### Saturday Afternoon:

	Lane 11	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	1:15-1:35	ESC	ESC	ESC	ESC	ESC	ESC	MST	MST	UVAC	UVAC	UVAC	balcony
	1:35-1:55	CRVS	STRM	STRM	STRM	PHX	PHX	PHX	PHX	EST	EST	EST	
	1:55-2:15	PWSC	CTS	GST	LRW	CONY	RAYS	RAYS	FINS	FINS	PRIDE	PRIDE	

### Sunday Morning:

	Lane 11	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	8:00-8:20	MST	MST	PRIDE	PRIDE	PRIDE	STRM	STRM	STRM	UVAC	UVAC	UVAC	balcony
	8:20-8:40	EST	EST	EST	RAYS	RAYS	RAYS	RAYS	ESC	ESC	ESC	ESC	
	8:40-9:00	SBGC	CTS	PWSC	GST	LRW	FINS	CRVS	CONY	CONY	PHX	PHX	

### Sunday Midday:

	Lane 11	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	12:30-1:00	CONY/ESC/EST	CRVS/STRM	PRIDE	MST	MST	PHX	PHX	PHX	UVAC	UVAC	UVAC	balcony

### Sunday Afternoon:

	Lane 11	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10		
windows	2:10-2:30	CONY	CONY	EST	EST	EST	EST	EST	EST	UVAC	UVAC	UVAC	balcony
	2:30-2:50	CRVS	PHX	PHX	PHX	STRM	STRM	STRM	ESC	ESC	ESC	ESC	
	2:50-3:10	FINS/SBGC	CTS/LRW	GST	MST	MST	PRIDE	PRIDE	PRIDE	RAYS	RAYS	RAYS	